



Tuscan Sausage Calzone Ingredients



Dough: Wheat Flour, Water, Sustainable Palm Oil, Salt, Baking Powder

Filling: Orzo Pasta (Wheat Semolina Flour), Vegan Italian Sausage (Filtered Water, Vital Wheat Gluten, Expeller Pressed Safflower Oil, Eggplant, Onions, Yeast Extract, Kosher Red Wine (Red Wine, Salt), Garlic, Barley Malt, Onion Powder, Dried Red Bell Pepper, Fennel Seed, Granulated Garlic, Sea Salt And Spices), Marinara Sauce (Vine-Ripened Fresh Tomatoes, Blend Of Extra Virgin Olive Oil And Sunflower Oil, Salt, Onions, Sugar, Black Pepper, Basil, Oregano, Parsley, And Naturally Derived Citric Acid), Red Onion, White Button Mushrooms, Vegan Mozzarella Cheese (Filtered Water, Tapioca, And/ Or Arrowroot Flours, Non-Gmo Expeller Pressed Canola And/ Or Non-Gmo Expeller Pressed Safflower Oil, Coconut Oil, Pea Protein, Salt, Vegan Natural Flavors, Inactive Yeast, Vegetable Glycerin, Xanthan Gum, Citric Acid (For Flavor), Titanium Dioxide), Tomato Paste (Vine-Ripened Fresh Tomatoes And Naturally Derived Citric Acid), Kalamata Olives, Spice, Granulated Garlic
 Contains: Wheat

Nutrition Facts			
Serving Size: 1 calzone (156g)			
Servings Per Container: 2			
Amount Per Serving			
Calories 390		Calories from Fat 110	
		% Daily Value*	
Total Fat 12g			18%
Saturated Fat 4g			20%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 480mg			20%
Total Carbohydrate 60g			20%
Dietary Fiber 4g			16%
Sugars 3g			
Protein 13g			
Vitamin A 6%	•	Vitamin C 8%	
Calcium 6%	•	Iron 15%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g